

# 2029-2030 UNIFIED CALENDAR

Tentative April 8, 2025

2029

4/5	July	22-29	Unified Iowa High School Activities Federation Non-Contact Period
5		30	Girls Tennis Practice Starts
6		6	FB, 4A Golf, B/G Cross Country, VB & Girls Swimming Practice Starts
		8	IHSADA New Athletic Directors Workshop
		11	IHSSA Judges/Coaches Workshop
10	September	3	Labor Day
11		12	Girls Regional Tennis Individual/Doubles Matches, All Classes
		15	Girls Regional Team Tennis Matches, All Classes
12		19	Girls Regional Team Tennis Matches, All Classes
		22	Girls Regional Team Tennis Matches, All Classes
		26,27	Girls State Tennis Individual/Doubles Matches, All Classes
14	October	1-2	Girls State Team Tennis Matches, All Classes
		1,2	Boys Fall District Golf Meets
		6	State Marching Band Festival: North
15		8-9	Boys Fall State Golf Meet
		12-13	IHSSA Coaches Convention
		13	State Marching Band Festival: South
16		15,17	Girls Regional Volleyball Tournament, 1A,2A
		16,18	Girls Regional Volleyball Tournament, 3A,4A,5A
		17	Piano Auditions: All State Music Festival
		17	Joint Girls and Boys State Qualifying Cross Country Meets, 3A,4A
		18	Joint Girls and Boys State Qualifying Cross Country Meets, 1A,2A
		19	First Round State Football Playoffs, 8PL, A, 1A, 2A
		20	District Auditions: All-State Music Festival
17		22,24	Girls Regional Volleyball Tournament, 1A,2A
		23	Girls Regional Volleyball Tournament, 3A,4A,5A
		26	First Round State Football Playoffs, Classes 3A, 4A, 5A
		26	Second Round State Football Playoffs, 8PL, A, 1A, 2A
		26	Joint Girls/Boys State Cross Country Meet, 2A,3A
		27	Joint Girls/Boys State Cross Country Meet, 4A,1A
18		29	Girls Wrestling and Girls Bowling Practice Starts
	Oct./Nov.	29-1	Girls State Volleyball Tournament, All Classes
	November	1	Girls State Qualifying Diving Meet
		1	Quarterfinal Round State Football Playoffs, 8 PL
		2	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		3	Girls State Qualifying Swimming Meet
19		5	Girls Basketball, Boys Bowling, and Boys Swimming Practice Starts
		5	IHSADA New Athletic Directors Workshop, Part 2
		7	Semifinal Round State Football Playoffs, 8 PL
		8	Semifinal Round State Football Playoffs, A, 4A
		9	Semifinal Round State Football Playoffs, 1A, 5A
		8-9	Girls State Swimming & Diving Meet
		10	Semifinal Round State Football Playoffs, 2A, 3A
20		12	Boys Basketball, Boys Bowling and Boys Wrestling Practice Starts
		15-16	Final Round State Football Playoffs, All Classes
		15-17	All-State Music Festival
21		22	Thanksgiving Day

2030

27	January	4,5	State Debate Tournament
29		14	Girls Regional Dual Team Wrestling Meet, All Classes
		18	Girl State Dual Team Wrestling Meet, All Classes
		19	District Speech Contest, Large Group
30		21	State Jazz Band State Festival, North, All Classes
		25	Girls Wrestling State Qualifying Meet
		26	State Jazz Band State Festival, South, All Classes
		26	State Jazz Choir Festival, North, All Classes
31		28	State Jazz Choir Festival, South, All Classes
		28	Girls State Qualifying Bowling Tournaments, All Classes
		29	Boys' Regional Dual Team Wrestling Meet, All Classes

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	Jan./Feb. Feb.	30-1	Girls State Wrestling Tournament
		2	State Speech Contest, Large Group
		2	State Dual Team Wrestling Meet, All Classes
		2	Boys District Swimming Meets
32		4	State Show Choir Festival, All Classes
		5-7	Girls State Bowling Tournament, All Classes
		7	Girls Regional Basketball Tournament, 1A
		8	Boys District Basketball Tournament, 1A
		8-9	Boys State Swimming Meet
		9	Girls Regional Basketball Tournament, 2A, 3A
		9	Boys' District Wrestling Meets, All Classes
33		11,14	Boys District Basketball Tournament, 1A, 2A
		11,12	Boys State Qualifying Bowling Tournaments, All Classes
		12,15	Girls Regional Basketball Tournament, 1A, 2A
		13-16	State Individual Wrestling Meet, All Classes
		13,16	Girls Regional Basketball Tournament, 3A, 4A, 5A
		16	IHSSA All-State Festival, Large Group
34		18	Girls/Boys Track Practice Starts
		18,21	Boys Substate Basketball Tournament, 3A
		18,22	Boys Substate Basketball Tournament, 4A
		18-20	Boys State Bowling Tournament, All Classes
		19	Girls Regional Basketball Tournament, 4A, 5A
		19	Boys District Basketball Tournament, 1A, 2A
		20	Girls Regional Basketball Tournament, 1A, 2A
		23	Boys Substate Basketball Tournament, 1A, 2A
		23	District Speech Contest, Individual Events
35		25	Boys Substate Basketball Tournament, 3A
		26	Boys Substate Basketball Tournament, 4A
	Feb./March	25-2	Girls State Basketball Tournament, All Classes
36	March	4-8	Boys State Basketball Tournament, All Classes
		9	State Speech Contest, Individual Events
37		11	G/B Golf, Boys Tennis, Boys Soccer Practice Starts
38		18	Girls Soccer Practice Starts
		23	State Music Festival, Solos and Ensembles, 3A
39		25	IHSSA Individual Events All-State Festival
40	April	6	State Music Festival, Solos and Ensembles, 2A
41		13	State Music Festival, Solos and Ensembles, 1A, 4A
44		29	Baseball & Softball Practice Starts
	May	3	State Music Festival, Large Group, 2A, 4A Orchestra-Quad Cities Area Only
		3	State Music Festival, Large Group, 1A, 3A
		4	State Music Festival, Large Group, 2A, 4A
45		8	Boys Sectional Golf Meets, All Classes
		8	Boys District Individual/Doubles Tennis Meets, All Classes
		9	Joint Girls and Boys State Qualifying Track Meets, All Classes
		10	Girls Regional Golf Meets, All Classes
		11	Boys Substate Team Tennis Meets, All Classes
46		13	Boys District Golf Meets, All Classes
		13	Boys Substate Soccer Tournament, Classes 3A, 4A
		14	Boys Substate Soccer Tournament, Classes 1A, 2A
		15	Girls Regional Golf Meets, All Classes
		15	Boys Substate Team Tennis Meets, All Classes
		16-18	State Co-Ed Track Meet, All Classes
47		20,22	Boys Substate Soccer Tournament, All Classes
		20-21	Boys State Golf Meet, All Classes
		21-22	Boys State Tennis Meet, All Classes
		21,23	Girls Regional Soccer Meets, All Classes
		23-24	Girls State Golf Meet, All Classes
48		27	Memorial Day
		28-29	Boys State Team Tennis Meet, All Classes
		29,31	Girls Regional Soccer Meets, All Classes
	May/June	28,30,31,1	Boys State Soccer Tournament, All Classes
49		3,5,7	Girls State Soccer Tournament, All Classes
49		4	State Co-Ed Golf Meet

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		4	State Co-Ed Tennis Meet
0		6	Boys District Baseball Tournament, 1A,2A
1		8	Girls Regional Softball Tournament, 1A,2A
		9	Boys District Baseball Tournament, 1A,2A
		10	Girls Regional Softball Tournament, 1A,2A
		11	Girls Regional Softball Tournament, 3A,4A,5A
		12	Boys District Baseball Tournament, 3A
		12	Boys Substate Baseball Tournament, 4A
		13	Girls Regional Softball Tournament, 1A,2A, 3A,4A,5A
		13	Boys District Baseball Tournament, 1A,2A
2		15	Boys District Baseball Tournament, 3A
		15	Boys Substate Baseball Tournament, 4A
		15	Girls Regional Softball Tournament, 1A,2A
		16	Girls Regional Softball Tournament, 3A,4A,5A
		16	Boys Substate Baseball Tournament, 1A, 2A
		17	Boys Substate Baseball Tournament, 3A, 4A
3		22-26	Boys State Baseball Tournament, All Classes
		22-26	Girls State Softball Tournament, All Classes
4/5	July/Aug.	28-4	Unified Iowa High School Activities Federation Non-Contact Period