



Iowa High School Music Association

PO Box 10
Boone, IA 50036
ALAN S. GREINER, EXECUTIVE DIRECTOR
www.ihmsa.org

Tel. (515) 432-2013
Fax (515) 432-2961
alan@ihmsa.org

Reopening Guidance: Summer Music Activities revised 6/10/2020

Purpose

This guidance was created, in collaboration with the Iowa Choral Directors Association and Iowa Bandmasters Association, using the latest public health information provided by Iowa Department of Health (IDPH), as a resource for administrators to determine when and how districts and nonpublic schools may begin to engage in school music offerings throughout the summer while keeping students, teachers, and spectators safe. This guidance is a fluid document that will be updated as more information becomes available from the Governor's office, the IDPH, the CDC, and the NFHS/CBDNA research study. It must be used in conjunction with all proclamations issued by the governor and guidance provided by the IDPH. Additional Guidance will be issued by the Iowa High School Music Association in conjunction with the Iowa Bandmasters Association, Iowa Choral Directors Association, Iowa String Teachers Association, and Iowa Music Educators Association and in consultation with the National Federation of State High School Associations for activities this fall. Any local policies established should always be done in compliance with local public health officials and local law enforcement.

Summer Marching Band (June 1)

Summer marching band rehearsals may begin unless circumstances dictate a change in date. The following mitigation efforts are strongly encouraged to ensure student, teacher, and parent safety.

- Post signage prominently indicating no one should attend or participate in rehearsal if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Post signage in highly visible locations (e.g., entrances, restrooms) that promote everyday protective measures, such as social distancing, hand washing, and stopping the spread of germs.
- Teachers and instructors are encouraged to include messages about behaviors that help reduce the spread of COVID-19 when communicating with students and parents, such as on websites or in emails.
- Rehearsals should only take place outdoors when possible.
- There should be no car-pooling to or from rehearsals.
- Parents must remain in their cars or drop off and pick up students before and after rehearsal.
- Facemasks or face coverings should be encouraged to the extent feasible.
- Teachers and instructors must create a plan for getting instruments from the band room to the practice facility that allows for social distancing and sanitation.
- Students must practice social distancing much as possible. When teaching music, instructors and teachers should encourage students to learn the music standing still, spaced at a minimum of six-foot intervals. If teachers need to move within the six-

- foot area to correct a student's playing position, embouchure, posture, etc., they should do so briefly and then resume social distancing promptly.
- Teachers, instructors, and students should wash hands regularly and/or utilize hand sanitizer. Special attention should be given to hand washing/sanitization anytime a surface is touched. Teachers should frequently remind students not to touch their faces with their hands.
 - Students should be encouraged to provide their own hand sanitizer. Hand sanitizer should also be available on site for use if needed.
 - Additional guidance will be forthcoming with regard to putting marching drill to music once the NFHS/CBDNA aerosol research study is completed and results have been published.
 - Teachers and instructors are responsible for ensuring students maintain social distancing as much as possible. This means that students should be spaced at a minimum of three step intervals (22.5" per step) for all drill and on field formations.
 - Teachers and instructors should work in smaller sectional settings whenever possible.
 - Students should not share instruments and equipment, including drumsticks and color guard equipment, without proper cleaning and disinfecting. Teachers should reference the NFHS/CDC Instrument Cleaning Guidelines and encourage students to regularly disinfect their instruments per the guidance.
 - Students must bring their own water/beverage to consume during and after rehearsals. Hydration stations (water cows, water trough, water fountains, large Gatorade jugs, etc.) should not be utilized.
 - Parent groups cannot provide food for the students. Students may bring meals from home, or the school may provide meals/snacks utilizing the school's kitchen and staff per Health Department guidelines.
 - Each student should have their own area (4' x 3' square) designated for their case and other equipment that is their space alone and not touching other students. Students should be encouraged to use the center of that space and then move outward as needed.
 - Students and teachers should conduct a symptoms survey at home, including a temperature check, before each session.
 - Anyone with a temperature of 100.4° or above or other signs of illness shall not be allowed to participate.
 - Have a plan in place if someone is or becomes sick. Students (through consultation with their parents) should be referred to their health care provider and public health should be notified.
 - Anyone with symptoms of illness will not be allowed to practice or perform.
 - Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
 - A list of all participating individuals should be kept for each practice, rehearsal, or performance so that if an issue arises contact tracing can be facilitated through the IDPH.
 - Teachers and instructors are responsible for tracking absences for the purposes of noting potential COVID-19 cases.
 - Maintain confidentiality in the reports of any staff or student COVID-19 illness. Contact your local public health agency directly to report COVID-19 exposure.
 - Instructors and teachers must encourage students to and wash their rehearsal clothing immediately upon returning to home.
 - Participants that are in a high-risk category should avoid group activities.

Show Choir Choreography Camp (June 1)

Summer Show Choir Choreography camps/rehearsals may begin unless circumstances dictate a change in date. The following mitigation efforts are strongly encouraged to ensure student, teacher, and parent safety.

- Post signage prominently indicating no one should attend or participate in rehearsal if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Post signage in highly visible locations (e.g., entrances, restrooms) that promote everyday protective measures, such as social distancing, hand washing, and stopping the spread of germs.
- Teachers and instructors are encouraged to include messages about behaviors that help reduce the spread of COVID-19 when communicating with students and parents, such as on websites or in emails.
- Rehearsals may take place indoors or outdoors.
- Teachers and instructors are responsible for ensuring students maintain social distancing is when not in rehearsal.
- There should be no car-pooling to or from rehearsals.
- Parents must remain in their cars or drop off and pick up students before and after rehearsal.
- Facemasks or face coverings should be encouraged to the extent feasible.
- Teachers, instructors, and students should wash hands regularly and/or utilize hand sanitizer. Special attention should be given to hand washing/sanitization anytime a surface is touched. Teachers should frequently remind students not to touch their faces with their hands.
- Students should be encouraged to provide their own hand sanitizer. Hand sanitizer should also be available on site for use if needed.
- Students must practice social distancing much as possible. When teaching music/vocals, instructors and teachers should encourage students to learn the music standing still, spaced at a minimum of six-foot intervals. If teachers need to move within the six-foot area to correct a student's dancing position, posture, etc., they should do so briefly and then resume social distancing promptly.
- Students must maintain social distancing, to the extent feasible, when learning choreography on and off the risers.
- Additional guidance will be forthcoming regarding putting choreography to the vocals once the NFHS/CBDNA aerosol research study is completed and results have been published.
- Teachers and instructors should work in smaller sectional settings whenever possible.
- Students should not share instruments, props, and equipment without proper cleaning and disinfection.
- Students must bring their own water/beverage to consume during and after rehearsals. Hydration stations (water cows, water trough, water fountains, large Gatorade jugs, etc.) should not be utilized.
- Parent groups cannot provide food for the students. Students may bring meals from home, or the school may provide meals/snacks utilizing the school's kitchen and staff per Health Department guidelines.
- Each student should have their own area (4' x 3' square) designated for their personal belongings, that is their space alone and not touching other students.

- Students should be encouraged to use the center of that space and then move outward as needed.
- Students and teachers should conduct a symptoms survey at home, including a temperature check, before each session.
 - Anyone with a temperature of 100.4° or above or other signs of illness shall not be allowed to participate.
 - Have a plan in place if someone is or becomes sick. Students (through consultation with their parents) should be referred to their health care provider and public health should be notified.
 - Anyone with symptoms of illness will not be allowed to practice or perform.
 - Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
 - A list of all participating individuals should be kept for each practice, rehearsal, or performance so that if an issue arises contact tracing can be facilitated through the IDPH.
 - Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
 - Teachers/instructors are responsible for tracking absences for the purposes of noting potential COVID-19 cases.
 - Maintain confidentiality in the reports of any staff or student COVID-19 illness. Contact your local public health agency directly to report COVID-19 exposure.
 - Teachers must encourage students to shower and wash their rehearsal clothing immediately upon returning to home.
 - Participants that are in a high-risk category should avoid group activities.

Individual Music Lessons/Small Group Music Lessons/Color Guard Auditions/Drumline Auditions (June 1)

Summer lessons and color guard/drumline auditions may begin unless circumstances dictate a change in date. The following mitigation efforts are strongly encouraged to ensure student, teacher, and parent safety.

- Post signage prominently indicating no one should attend or participate if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Post signage in highly visible locations (e.g., entrances, restrooms) that promote everyday protective measures, such as social distancing, hand washing, and stopping the spread of germs.
- Teachers and instructors are encouraged to include messages about behaviors that help reduce the spread of COVID-19 when communicating with students and parents, such as on websites or in emails.
- Individual lessons, small group lessons, color guard auditions and drumline auditions may take place indoors or outdoors.
- Teachers should check with school administrators to determine the limitations for the maximum number of students allowed in a room at the same time.
- Facemasks or face coverings should be encouraged to the extent feasible.
- Teachers, instructors, and students should wash hands regularly and/or utilize hand sanitizer. Special attention should be given to hand washing/sanitization anytime a surface is touched. Teachers should frequently remind students not to touch their faces with their hands.

- Students should be encouraged to provide their own hand sanitizer. Hand sanitizer should also be available on site for use if needed.
- Teachers and instructors are responsible for ensuring students maintain social distancing as much as possible. Students should be at least six feet apart in a small group setting. If teachers need to move within the six-foot area to correct a student's body position, playing position, embouchure, posture, etc. they should do so briefly and then resume social distancing.
- Students should not share instruments and equipment, including drumsticks and color guard equipment, without proper cleaning and disinfecting. Teachers should reference the NFHS/CDC Instrument Cleaning Guidelines and encourage students to regular disinfect their instruments per the guidance.
- Students and teachers should conduct a symptoms survey at home, including a temperature check, before each session.
- Anyone with a temperature of 100.4° or above or other signs of illness shall not be allowed to participate.
- Have a plan in place if someone is or becomes sick. Students (through consultation with their parents) should be referred to their health care provider and public health should be notified.
- Anyone with symptoms of illness will not be allowed to practice or perform.
- Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
- A list of all participating individuals should be kept for each practice, rehearsal, or performance so that if an issue arises contact tracing can be facilitated through the IDPH.
- Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
- Teachers and instructors are responsible for tracking absences for the purposes of noting potential COVID-19 cases.
- Maintain confidentiality in the reports of any staff or student COVID-19 illness. Contact your local public health agency directly to report COVID-19 exposure.
- Teachers must encourage students to shower and wash their rehearsal clothing immediately upon returning to home.
- Participants that are in a high-risk category should avoid group activities.

Beginning Instrumental Music program tryouts (June 1)

Program tryouts may begin unless circumstances dictate a change in date. The following mitigation efforts are strongly encouraged to ensure student, teacher, and parent safety.

- Post signage prominently indicating no one should attend or participate if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Post signage in highly visible locations (e.g., entrances, restrooms) that promote everyday protective measures, such as social distancing, hand washing, and stopping the spread of germs.
- Teachers and instructors are encouraged to include messages about behaviors that help reduce the spread of COVID-19 when communicating with students and parents, such as on websites or in emails.

- Instruments and mouthpieces must be properly cleaned and sanitized between each use. NFHS/CDC Instrument Cleaning Guidelines should be referenced for proper disinfection protocol.
- Facemasks or face coverings should be encouraged to the extent feasible.
- Students must practice social distancing much as possible. When teaching music/vocals, instructors and teachers should encourage students to learn the music standing still, spaced at a minimum of six-foot intervals. If teachers need to move within the six-foot area to facilitate teaching, they should do so briefly and then resume social distancing promptly.
- Teachers are encouraged to have an online pre-screening of student interest (e.g. Be Part of the Music) to narrow student interest and limit scope of in-person instrument trials.
- Teachers should use wind instrument trial kits, rather than actual instruments, when conducting instrument demonstrations and tryouts for potential band members. After each tryout, teachers should instruct the student should then place the mouthpiece in a tub of hot soapy water. A volunteer should then take the mouthpiece out of the water and dry it, spray it with alcohol disinfectant, then allow it to air dry.
- Students should be encouraged to provide their own hand sanitizer. Hand sanitizer should also be available on site for use if needed.
- Schools should conduct tryouts outdoors to the extent possible. If outdoor tryouts are not possible, the school should implement a schedule for tryouts, using 30-60 minute blocks of time, with up to 12 students per 60 minute block (one every 5 minutes) per classroom. If a larger space, such as a gymnasium is utilized, multiple stations may be set up as long as each station is separated from the other stations by a distance ranging from 20-30 feet. The schedule should allow for 20-minute intervals between sessions to allow air to circulate before beginning the next session. If possible, staff should open windows and use fans to circulate the air. However, doors and windows should not be opened if doing so poses a health or safety risk to students and staff using the facility (e.g., allowing pollens in or exacerbating asthma symptoms).
- Students and teachers should conduct a symptoms survey at home, including a temperature check, before each session.
- Anyone with a temperature of 100.4° or above or other signs of illness shall not be allowed to participate.
- Have a plan in place if someone is or becomes sick. Students (through consultation with their parents) should be referred to their health care provider and public health should be notified.
- Anyone with symptoms of illness will not be allowed to practice or perform.
- Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
- A list of all participating individuals should be kept for each practice, rehearsal, or performance so that if an issue arises contact tracing can be facilitated through the IDPH.
- Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
- Schools should designate an area no less than 10 feet away for parents and guardians to sit and observe the tryout. A maximum of two adults will be allowed to observe each student's tryout. Siblings cannot attend. After the tryout, the student should walk to the seating area and exit with his or her parents or guardians.
- Teachers and instructors are responsible for tracking absences for the purposes of noting potential Covid-19 cases.

- Maintain confidentiality in the reports of any staff or student COVID-19 illness. Contact your local public health agency directly to report COVID-19 exposure.
- Participants that are in a high-risk category should avoid group activities.

Summer Music Camp Guidance (June 1)

Summer music camps may begin unless circumstances dictate a change in date. The following mitigation efforts are strongly encouraged to ensure student, teacher, and parent safety.

- Post signage prominently indicating no one should attend or participate if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Post signage in highly visible locations (e.g., entrances, restrooms) that promote everyday protective measures, such as social distancing, hand washing, and stopping the spread of germs.
- Teachers and instructors are encouraged to include messages about behaviors that help reduce the spread of COVID-19 when communicating with students and parents, such as on websites or in emails.
- Music camps should move to a single-day, in-person format for each student involved and consider providing additional online instructional opportunities.
- Music camps should reduce the number of participants each day so that appropriate social distancing is possible within each rehearsal space (students spaced at intervals of at least 6 feet apart).
- Facemasks or face coverings should be encouraged to the extent feasible.
- Students must bring their own water/beverage to consume during and after rehearsals. Hydration stations (water cows, water trough, water fountains, large Gatorade jugs, etc.) should not be utilized.
- Parent groups cannot provide food for the students. Students may bring meals from home, or the school may provide meals/snacks utilizing the school's kitchen and staff per Health Department guidelines.
- Concession stands will not be open.
- Each student should have their own area (4' x 3' square) designated for their case and other equipment that is their space alone and not touching other students. Students should be encouraged to use the center of that space and then move outward as needed.
- Participants, teachers, and organizers should conduct a symptoms survey at home, including a temperature check, before leaving to attend a music camp.
- Anyone with a temperature of 100.4° or above or other signs of illness shall not be allowed to participate.
- Have a plan in place if someone is or becomes sick. Students (through consultation with their parents) should be referred to their health care provider and public health should be notified.
- Anyone with symptoms of illness will not be allowed to practice or perform.
- Teachers and instructors should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
- A list of all participating individuals should be kept for each practice, rehearsal, or performance so that if an issue arises contact tracing can be facilitated through the IDPH.
- Camp coordinators should be knowledgeable of their participants pre-existing health conditions and work with health officials to take additional precautions as needed.

- Camp coordinators are responsible for tracking absences for the purposes of noting potential COVID-19 cases.
- Maintain confidentiality in the reports of any staff or student COVID-19 illness. Contact your local public health agency directly to report COVID-19 exposure.
- Camp coordinators must encourage students to shower and wash their rehearsal clothing immediately upon returning to home.
- Parent groups cannot provide food for the students. Students may bring meals from home, or the school may provide meals/snacks utilizing the school's kitchen and staff per Health Department guidelines.
- Participants that are in a high-risk category should avoid group activities.

Transportation

The Iowa Department of Education has issued summer sports transportation guidance, available at <https://educateiowa.gov/documents/pk-12/2020/05/covid-19-guidance-summer-transportation>. IHSMA recommends that when transportation to summer music activities is provided, policies be established to follow these same guidelines.